

SAVE THE DATE



Pennsylvania Adult/Older Adult Suicide Prevention Coalition



The Pennsylvania Adult/Older Adult Suicide Prevention Coalition in partnership with Feeling Blue Suicide Prevention Council will be holding a series of suicide prevention training throughout the Commonwealth this spring, so mark your calendars now! The series will include:

Strategic Planning for Suicide Prevention

The Suicide Prevention Center and the American Association of Suicidology developed this training. Participants completing this training will enhance their leadership and collaboration skills, and in line with the *National Strategy for Suicide Prevention*, be able to identify, collect and present suicide-related data and information; use data-driven planning to design and implement suicide prevention programs in their communities; and apply principles of evaluation to determine the effectiveness of implemented programs. Participants also will increase their comfort and ability to communicate effectively about suicide and suicide prevention.



April 8 in York County
May 12 in Mercer County
May 13 in Allegheny County



ASIST

Applied Suicide Intervention Skills Training

Applied Suicide Intervention Skills Training

The ASIST training is a worldwide suicide intervention first aid training appropriate for all caregivers.... formal or informal. This training is recognized as a Best Practices skills based training through the National Suicide Prevention Resource Center and is a training program used to train all volunteers through the National Suicide Prevention Lifeline (1-800-273-TALK). It is a full 2-Day program in providing suicide "first-aid" by recognizing an at-risk person, keeping the at-risk person safe, and assisting the person in seeking further help. Learn how to: recognize invitations for help, reach out and offer support, review the risk of suicide, apply a suicide intervention model, link people with community resources

March 31 – April 1, 2010 in Harrisburg

QPR T4T Gatekeeper Trainer Certification

This certification course trains Instructors to teach QPR for Suicide Prevention to their community. Participants first learn about the nature of suicidal communications, what forms these communications take and how they may be used as the stimulus for a QPR intervention.



June 2, 2010 in Harrisburg

Coming Soon: QPR Gatekeeper Training for Senior Center Staff!

More information to follow. Visit www.parecovery.org or www.feelingblue.org/calendar for more information.



Feeling Blue
Suicide Prevention Council
Education • Support • Resources
www.feelingblue.org